



## International Trio

# THE INSTINCTS

What happens when a Macedonian, a Finn and a German simply follow their instincts? The result is a unique fusion of musicians, a musical adventure and collaborative interplay of groove improvisations, jazz traditions and extraordinary stylistic influences.

THE INSTINCTS consists of guitarist Georgi Sareski, bassist Antti Virtaranta, and drummer Boris Bell. Coming from very different backgrounds and experiences these three exceptional musicians are united in a whirlwind of creativity, dynamic curiosity, and a pure, childlike joy of playing.

The trio's first album is called Music Unseen, and for a valid reason! THE INSTINCTS are a group like no other, playing what might be some of the most original and exciting music of today – at odds with the way of the world, or precisely because of it. Their new album will be released later in 2023, and you can watch the preparations and parts of the recording over their shoulders on social media.

### Web:

[www.borisbell.com](http://www.borisbell.com)  
[www.sareski.com](http://www.sareski.com)

### YouTube:

<https://www.youtube.com/@georgisareski/playlists>

### BandCamp:

<https://musicunseen.bandcamp.com/releases>

### *The trio as individuals:*

**Georgi Sareski**, the Macedonian with the biggest heart in the world, is always on the lookout for joy, wit, musical ecstasy – all emphatically without the use of dubious substances. When he's not caring for the well-being of others, he's caring for his second love: the guitar.

**Antti Virtaranta**, the not-so-quiet Finnish bassist who has long since finished with Finland, loves so many musical genres that he has opted for the no-frills, simple pop music of the 80s. In this way, he amazes all the musicians around him. Just don't ask him what he eats for breakfast.

**Boris Bell**, the German. He pretends to be the intellectual, reflective person who always watches his carbon footprint. But he does a poor job of hiding his playful, energetic personality: when he plays the drums, the monster can emerge (or maybe it's better not to mention this...).

### Contact:

Boris Bell  
 mobil: +49 / 179 477 36 26  
[borisbell@posteo.de](mailto:borisbell@posteo.de)

Antti Virtaranta  
 mobil: +49 / 1520 760 20 07  
[avirtmusic@gmail.com](mailto:avirtmusic@gmail.com)

Georgi Sareski  
 mobil: +389 70 229 092  
[sareski@yahoo.com](mailto:sareski@yahoo.com)



# THE INSTINCTS

